T'aí Chí at the Proctor House Museum Park Bríghton



Monday Evenings 6:30-7:30 p.m. Weather Permitting

All Welcome No Experience Required Commencing July 8th

Lesley Simla Instructing 613-475-8873

Drive to Proctor Park from Hwy 30, turn hard right and drive up the hill. We meet on the lawn of the museum.

Cost is by donation to the Star Fresh Air Fund